

Life: During & After Deployment

Support For Military Singles, Couples & Families in ANY stage of Military deployment

**Walk This Heroic Journey
with those who understand best!**

This group will work on skill-building for adults; couples and singles with one or more partner serving in the United States Military. Currently deployed, returned or getting ready to deploy - ALL are welcome to join!

When:

**2nd & 4th Wednesdays of every month
6pm– 8pm;**

Where:

Harlem Road Community Center
4255 Harlem Road
Amherst, NY 14226

These sessions are
free of charge, however
Pre-Registration is REQUIRED

To Sign Up or Make a Referral:

Contact Jess at 886-1242 x 326
Or email at Lafalce@eriemha.org
for a form & more information.

**CALL US FOR FULL SCHEDULE LISTINGS
WITH DATES & TO REGISTER ~ 886.1242 X 326**

About the Facilitator:

Jill Gavin-Gannon, RN-BC, BS, BHSP is a licensed registered nurse trained in healing the whole person & facilitating healing for families. Jill has worked with families for 36 years in her work as a registered nurse and is familiar with the joys & challenges that accompany being in a family. Jill also has first-hand experience as a family member



Mental Health Association of Erie County, Inc.
999 Delaware Avenue
Buffalo, NY 14209

● www.eriemha.org
● (716) 886.1242